

Bird's Eye View for Q4 2023

Q3 2023 performance review

2 Current state of economy and markets

3 Looking ahead

1



Power of saving early

Stock returns		Trailing 1 Yr	Q3 2023	Interest rates	30-Sep-2023	30-Jun-23
U.S.				Federal Funds Upper Target	5.50%	5.25%
Large-Cap	S&P 500	21.6%	-3.3%	Prime	8.50%	8.25%
Growth	Russell 3000 Growth	26.6%	-3.3%	2-Year Treasury	5.05%	4.90%
Value	Russell 3000 Value	14.0%	-3.2%	10-Year Treasury	4.57%	3.84%
Small-Cap	S&P 600	10.0%	-4.9%	30-Year Fixed Mortgage	7.74%	7.15%
International				Bond returns	Trailing 1 Yr	Q3 2023
International Developed MSCI Europe Australasia & Far East		26.4%	-4.0%	Taxable Bloomberg Barclays Aggregate	0.6%	-3.2%
Emerging Market MSCI Emerging Markets		12.1%	-2.9%	Municipal Bloomberg Municipal Bond	2.7%	-3.9%

- Looking back at the past quarter, we see:
 Large-cap stocks took a break down 3% after a strong first part of the year
 Small-cap and international stocks were lower as well
- Interest rates continued to increase as the Federal Reserve took short-term rates to more than 5%
- The longer-term 10-year rate increased to a two-decade high at almost 4.6% ... bringing the 30-year mortgage rate up along with it

Source: Bloomberg October 1, 2023



History of mixed results during a government shutdown

One question we've been receiving is about stock-market risk and a potential government shutdown. While Congress did avert a shutdown with a six-week agreement, history shows that it's really hard to predict how the market's going to handle a government shutdown. Of the 21 we've experienced ,the stock market's been down nine times and up 11 times.

So, while we could have some short-term volatility we really think it's more important to focus on the big picture in the economy.

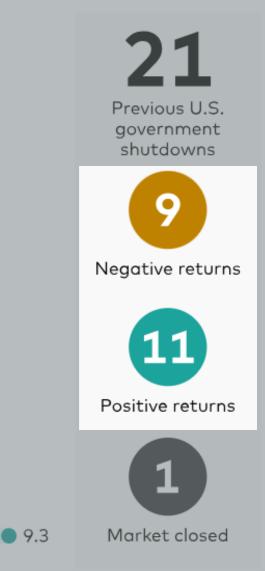
Source: Vanguard calculations, based on data from FactSet and the Congressional Research Service

Sep. 30 to Oct. 11, 1976 Sep. 30 to Oct. 13, 1977 Oct. 31 to Nov. 9, 1977 Nov. 30 to Dec. 9, 1977 Sep. 30 to Oct. 18, 1978 Sep. 30 to Oct. 12, 1979 -4.4 Nov. 20 to Nov. 23, 1981 Sep. 30 to Oct. 2, 1982 Dec. 17 to Dec. 21, 1982 Nov. 10 to Nov. 14, 1983 Sep. 30 to Oct. 3, 1984 Oct. 3 to Oct. 5, 1984 Oct. 16 to Oct. 18, 1986 Dec. 18 to Dec. 20, 1987 Oct. 5 to Oct. 9, 1990 Nov. 13 to Nov. 19, 1995 Dec. 15, 1995, to Jan. 6, 1996 Sep. 30 to Oct. 17, 2013 Jan. 19 to Jan. 22, 2018

Feb. 9 to Feb. 9, 2018* Dec. 21, 2018, to Jan. 25, 2019



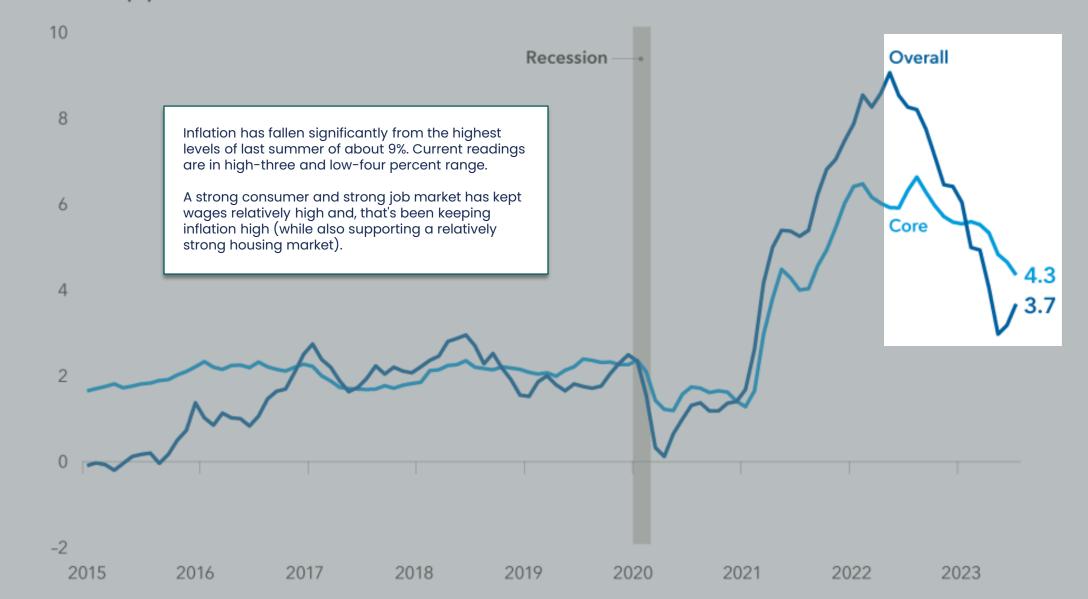






Inflation continues to fall after 2022 peak

Inflation (%)

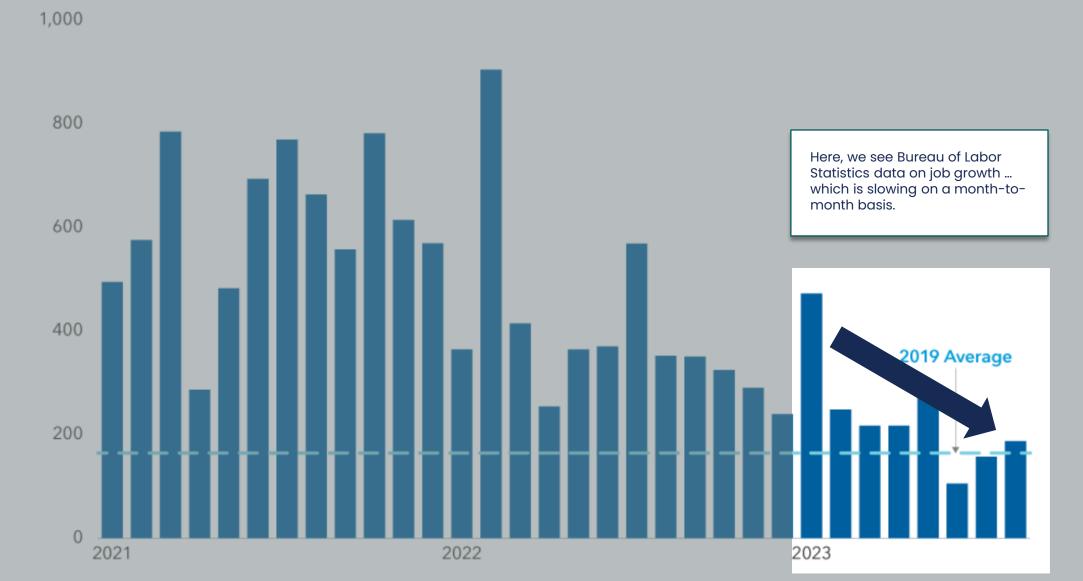


Source: Bureau of Labor Statistics, Refinitiv Datastream. Overall and core inflation represent the change from the previous year in the Consumer Price Index and the Consumer Price Index excluding food and energy, respectively. As of August 31, 2023.



Job market has been the linchpin ... but it's cooling

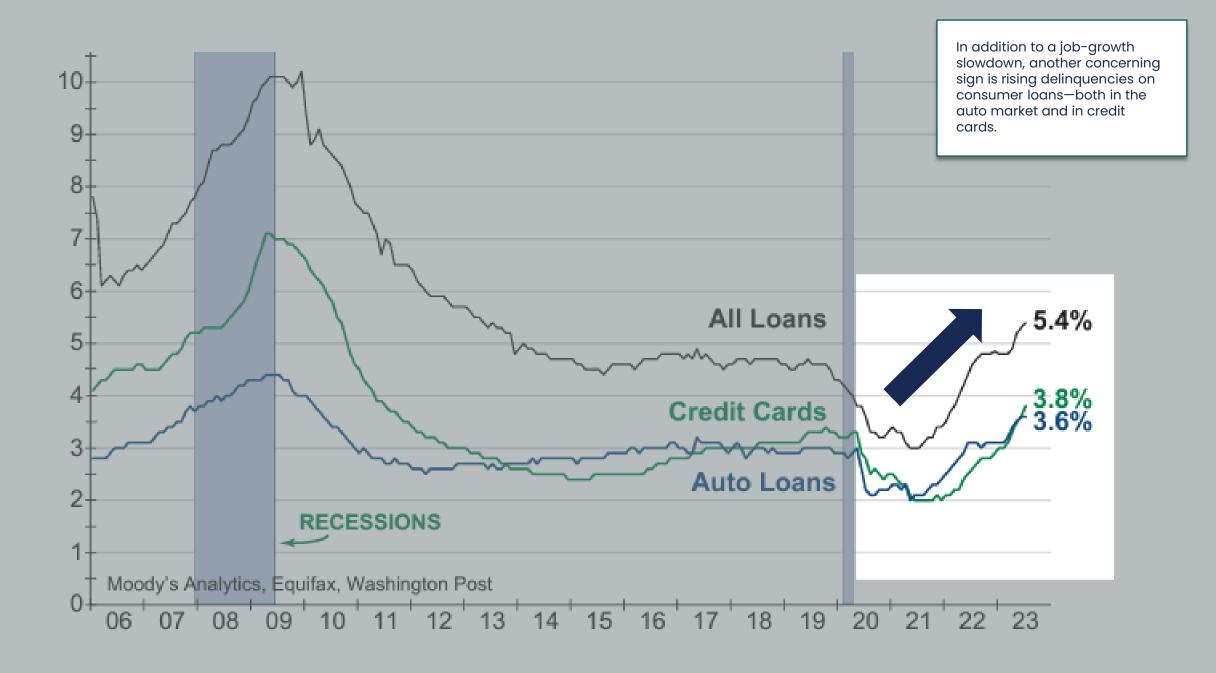
Monthly change in U.S. nonfarm payroll employment (thousands)



Source: BLS, Strategas June 22, 2023



Consumer loan delinquencies increasing



Source: Investec Research, Moody's Analytics, Equifax, Washington Post



Leading economic indicators signal caution

Even though recession has been a long time coming, the 16 risk is clearly still there. 12 8 4 Percent 0 -4 -8 Aug. '23 -12 U.S. LEI 6-month growth rate (%, annualized) -16 Warning signal Recession signal -20 Note: Shaded areas represent recessions as determined by -24 the NBER Business Cycle Dating Committee. Source: The Conference Board -28 2000 2002 2004 2006 2008 2010 2012 2014 2016 2018 2020 2022

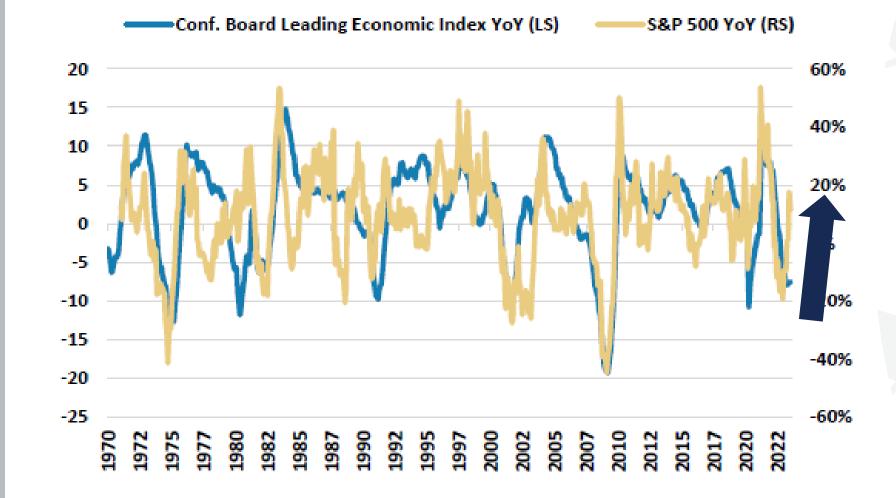
Historically, this set of leading economic indicators has been a harbinger of slowdowns or

recessions.

Source: The conference board, Sept 21, 2023



Stock market already pricing in an economic recovery



There's a pretty tight correlation between the future returns of the stock market and the leading economic indicators we showed on the last page. Here, those indicators are presented in percent-change year-overyear form (blue line)

At the right edge of the chart, note how the blue line remains lower whereas the gold line the S&P 500 Index of stocks has rebounded.

This suggests S&P 500 Index prices already assume a rebound in the economic indicators.

So, there's great hope that the economy will experience a socalled "soft landing" ... but that recovery in leading economic indicators really needs to take place—or the assumptions behind stock-market prices will have to change.

Source: Haver Analytics, Morgan Stanley Research



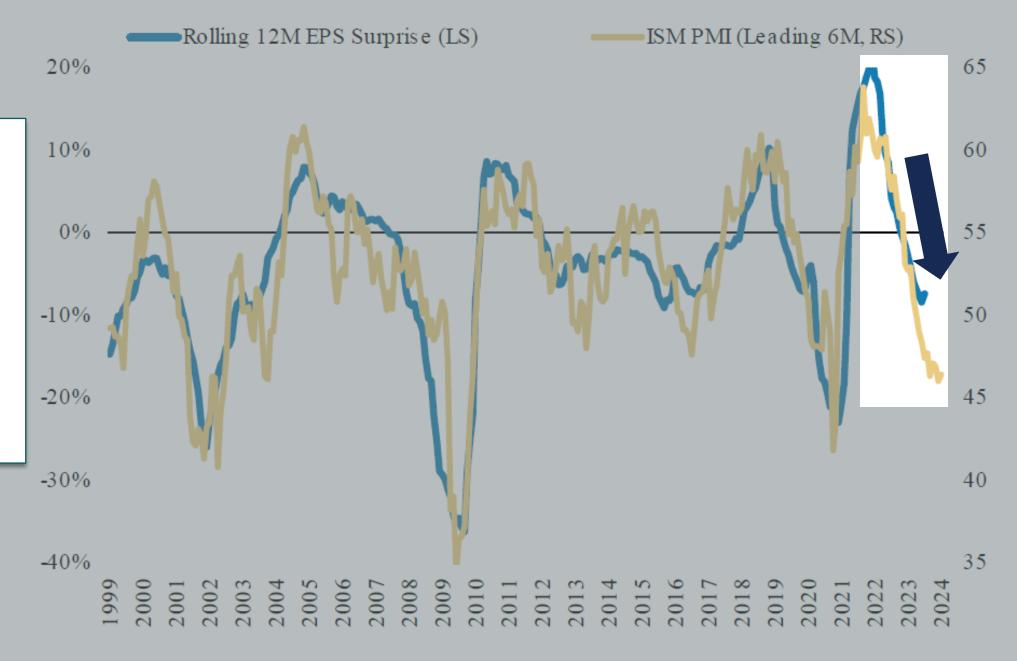
Earnings recession more likely to continue

While there's a question of whether we're going into a recession or not from an *economic* standpoint, we are clearly in a *corporate earnings* recession—in which earnings for companies in the S&P 500 Index fall.

Looking back at the last year, earnings for companies are down an average of about 5% on a year-on-year basis.

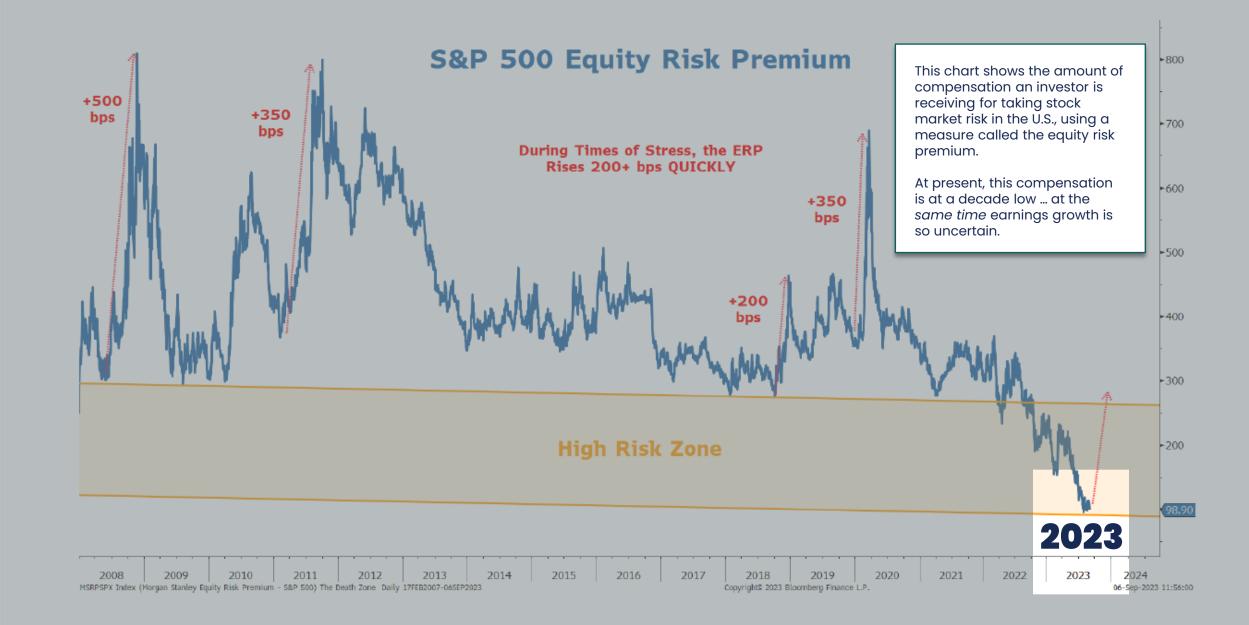
As we move into the fourth quarter, we'll be watching closely the earnings progression for the companies that we own in your portfolios.

Source: Morgan Stanley, Bloomberg





Compensation for taking stock market risk is historically low

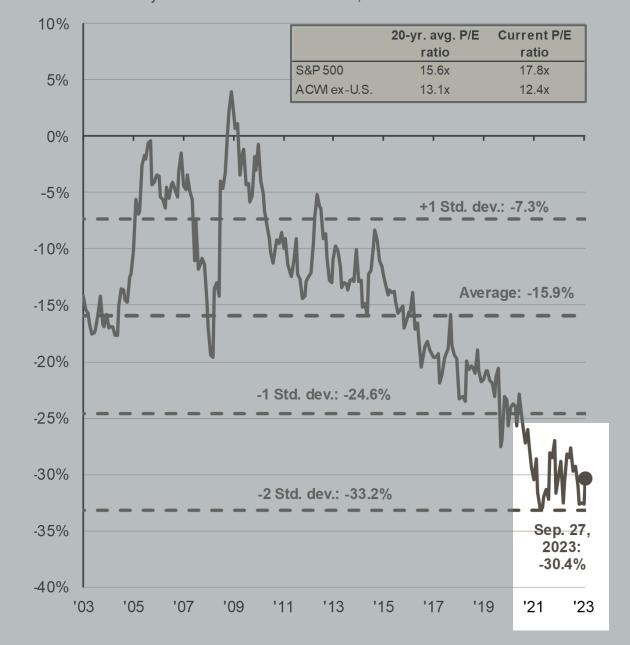


Source: Morgan Stanley, Bloomberg



Relative attractiveness of international stocks

International: Price-to-earnings discount vs. U.S. MSCI All Country World ex-U.S. vs. S&P 500, next 12 months



By contrast, consider international stocks.

They, too, are at a decade low ... but in this case it's the valuation that's low. This suggests international stocks may potentially provide a lot more compensation for risk than U.S. stocks.

Source: FactSet, MSCI, Standard & Poor's, J.P. Morgan Asset Management. Guide to the Markets – U.S. Data are as of September 27, 2023

11



Interest rates ... longer-term perspective



Finally, let's turn to the interest rate environment. As the Federal Reserve has increased rates to fight inflation, higher rates have provided our clients the opportunity to earn much

Source Source: BLS, FactSet, Federal Reserve, J.P. Morgan Asset Management. Real 10-year Treasury yields are calculated as the daily Treasury yield less year-over-year core CPI inflation for that month. For the current month, we use the prior month's core CPI figures until the latest data is available. Guide to the Markets - U.S. Data are as of September 27, 2023.



Trajectory of rates following final rate hike

3-month T-bill yields declined sharply following the Fed's final hike in the last four cycles

18 12 15 17 13 14 16 Historically, about 18 months after the Fed's final rate hike, interest rates tend to be lower by about 2.5 percentage points. Change in yield So, in our view, it's prudent to "lock in" the currently higher rates now. Summing up: • In the fourth quarter, we'll be watching closely the earnings progression of the companies that we are invested in ... and we're concerned that this earnings recession could continue We believe the compensation for risk that investors are getting in U.S. equity market is low compared • to historical norms, so we're favoring international stocks by increasing those weightings • We're taking advantage of higher interest rates and locking those in for a longer period of time ... both because the rates themselves are attractive and they'll provide some insulation during a period of uncertainty about both the economy and stock market -2.5%

Months following the final Fed hike

Source Sources: Bloomberg, Federal Reserve. As of 6/30/23. Chart represents the average decline in 3-month Treasury bills starting in the month of the last Fed hike in the last four transition cycles from 1995 to 2018. Past results are not predictive of results in future periods The subject matter in this communication is educational only and provided with the understanding that Sanctuary Wealth is not rendering legal, accounting, investment advice or tax advice. You should consult with appropriate counsel, financial professionals, or other advisors on all matters pertaining to legal, tax, investment or accounting obligations and requirements.



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